Connecting People and Place through Food

Future Generations Growers Conference 8th July 2016

Katie Palmer, Food Cardiff
Katie.palmer2@wales.nhs.uk
Sustainable Food Cities Network
Food System and Place

Food System Elements

- Food Production
- Distribution & Aggregation
- Resource & Waste Recovery
- Preparation & Consumption
- Markets & Purchasing
- Food Processing
- Marketing

Adapted by Christy Shi, Center for Environmental Farming Systems.

Finn, Willmow, J., and Eamus-Howley, M. Discovering the Food System: An experiential learning program for young and aspiring minds. Cornell University, Departments of Nutritional Science and Horticulture. [http://www.discoveringfoodscornell.edu](http://www.discoveringfoodscornell.edu)
SFC Approach

Establishing a city-wide cross-sector food partnership involving public agencies, businesses, NGOs, community organisations and academic bodies.

Developing a joint vision and strategy/action plan on how to make healthy and sustainable food a defining characteristic of your town, city, borough, county.

Working through policy and on the ground initiatives to drive significant improvements in all aspects of food health and sustainability.
SFC 6 Key Issues

1) Promoting healthy & sustainable food to the public

2) Tackling food poverty & access to affordable healthy food

3) Building community food knowledge, skills, resources & projects

4) Promoting a vibrant & diverse sustainable food economy

5) Transforming catering and food procurement

6) Reducing waste & the ecological footprint of the food system
Top Down and Bottom Up

Policy, strategy, planning and programmes

Top-down

+ Bottom-up

Pioneers and change makers taking action

Unlocking the collective genius
Connecting People and Place – A success
Connecting People and Place – An Ambition
Connecting People and Place through Food

Katie Palmer, Food Cardiff
Katie.palmer2@wales.nhs.uk